

Volunteer Management Newsletter

October 2019

Thank you to **East Anglian Air Ambulance, Barnardo's and Dunstable Good Neighbour volunteers** for joining us in **ASDA Dunstable** on 24th October, to promote local volunteering opportunities in the lead up to this year's **Make a Difference Day.**



As part of **World Mental Health Day on 10th October 2019**, we attended the Impact Mental Health event at The Grove Theatre to promote volunteering opportunities.

If you have any events you would like us to attend to promote volunteering then please get in touch.

Email: volunteer@cabeds.org.uk Call: 01525 850559



Trustees' Week 4-8 November 2019

Trustees' Week is an annual event to showcase the great work of the 700,000 volunteer charity trustees and highlight opportunities for people from all walks of life to get involved and make a difference.

Trustees' Week is an opportunity to highlight the excellent work of trustees, to support boards to improve governance and encourage new people to consider trusteeship and volunteering opportunities.

During Trustees' Week 2019, NCVO will be releasing new guidance, offering **free access** to all governance resources and discounts on products and training. [Click here to find out more.](#)



[Click here](#) to visit the Trustees' Week website for additional training and resources for trustees.

Post your Trustee vacancies on Facebook and Twitter media and tag us so we can share the opportunities @CABedfordshire

Central Bedfordshire Volunteer Managers' Networking Event

Do you deliver services and manage volunteers in Central Bedfordshire?

Our next **Volunteer Managers' Networking Event** will take place on **Thursday 13th February, from 9.30am – 11.30am** at **Parkside Community Hall** in Ampthill.

Discussion topic: Assessing the impact of volunteering

Part of the session will include a series of group discussions and activities around discussing how to assess and measure the impact of volunteering. There will then be plenty of time for networking with other attendees.

This is a great opportunity to meet and share ideas with other Volunteer Managers!

[Click here for a booking form](#)

01525 850559 | volunteer@cabeds.org.uk

Volunteer Centre
Central Bedfordshire

Central Bedfordshire Volunteer Managers' Networking Event
Thursday 13th February 2020
9.30am—11.30am
Parkside Community Hall,
Woburn Street, Ampthill, MK45 2HX

Assessing the Impact of Volunteering

- Importance of assessing the impact of volunteering
- Discuss ways to assess the impact of volunteering
- Share ideas & experience
- Network with other Volunteer Managers & share best practice
- Promote your organisation

Complete a booking form to secure your place today!
01525 850559 | volunteer@cabeds.org.uk

Community Action
BEDFORDSHIRE

FREE Safeguarding Awareness Sessions

Our **free Safeguarding Awareness sessions** are for **workers, volunteers or trustees** from **small** voluntary organisations or community groups in **Central Bedfordshire** who:

- are working with vulnerable adults, families or children
- are new to safeguarding
- want to refresh and up-date your knowledge
- need to undertake 'approved safeguarding training' to meet funding requirements.

Dates:

Friday 22nd November 10am – 1pm at Bossard House, West Street, Leighton Buzzard, LU7 1DA

Wednesday 4th December 10am – 1pm at Bossard House, West Street, Leighton Buzzard, LU7 1DA

[Click here for a booking form](#)

Please note that all those attending are required to complete a separate booking form.

Are you a small organisation or community group in Central Bedfordshire, with a group of 10-12 workers, volunteers or trustees who would benefit from a Safeguarding Awareness session?

If so, please get in touch and we can discuss delivering a session for your organisation.
Please contact kay@cabeds.org.uk to discuss this in more detail.

Additional information

safeTALK Training Course

Leighton Linlade Town Council and CHUMS have sponsored these safeTALK training sessions. Diane Barnes is a qualified safeTALK trainer and is delivering 2 free training sessions for up to 30 people each. The course is open to adults and anyone 15 years old and over.

safeTALK is suicide alertness for everyone helping create suicide safer communities. It will prepare you to connect with people who have thoughts of suicide. Most people with thoughts of suicide don't want to die – instead, they are looking for a way to work through the pain in their lives. safeTALK teaches participants to engage with the person and connect them with resources, to help them be safer from suicide.

The training session is approx. 3 ½ hours, and will feature video presentations & interactive elements for open discussion and practice stimulating learning.

The two dates are:

Saturday 9th November 2019, 9.30am to 1pm
OR Monday 11th November 2019, 10am to 1.30pm

**Venue: The Meeting Room, Alpha marketing, Boss Avenue off Grovebury Avenue,
Leighton Buzzard, LU7 4SD with free parking and light refreshments.**

**To book your place or find out more information, please contact:
Diane Barnes Tel: 07788205741 Email: bsbs@chums.uk.com**

CHUMS Bereavement Volunteer Training

This is a 10 week accredited course starting in November, run by CHUMS. There is a cost to attend the training and upon completion of the course, volunteers are asked to support with at least one workshop session with CHUMS after they've qualified. This is a great opportunity for any volunteers who would like to attend an accredited training programme.

Contact: chumstraining@chums.uk.com 01525 863924



Become a CHUMS Bereavement Workshop Volunteer in Luton or Bedfordshire

10 Week Bereavement Volunteer Training Course + 1 Week Safeguarding

Location: Training Room, Endeavour House, Wrest Park, Silsoe, Beds, MK45 4HS.
Sessions to take place on a weekly basis. Each Thursday from 6.30pm – 9.30pm

Dates: November 2019 – 7th, 14th, 21st & 28th
December 2019 – 5th
January 2020 – 16th, 23rd & 30th
February 2020 – 6th, 13th & 27th

Cost: £250 (£50 is a non-refundable deposit, the remaining balance can be paid by instalments if required).
If you are interested in joining the 2019 training group you will be required to have a pre-training interview with a member of the team. If you would like some more information or to book an interview please email chumstraining@chums.uk.com or call 01525 863924

CHUMS Main Office: Wrest Park Enterprise Centre, Wrest Park, Silsoe, Bedfordshire, MK45 4HS.
Web: www.chums.uk.com

British Red Cross: First Aid for the over 65s

Our training helps people understand, cope with, and take action in a crisis. We offer **free of charge courses** in areas where people are at higher risk of experiencing a crisis related to drug/alcohol use, homelessness and the over 65's at risk of trips and falls.

What do the workshops cover?

The **free** workshops, delivered by Red Cross educators, aim to help adults learn first aid.

First aid workshops

- Learn essential first aid skills, such as how to help someone who is unresponsive and breathing/not breathing, bleeding heavily or has a burn.
- Assess and manage risks to make informed choices when helping others.
- Build the confidence and willingness to help in a first aid emergency.

How can I find out more?

To find out more about how we could help people in your area, please contact our Adult Education Support Centre.

Call **Jill Organ** on **07843 343 686**

Email JOrgan@redcross.org.uk

or contact our Service Centre on **0344 412 2734**

Email adulthoodeducation@redcross.org.uk

Volunteer Connect

Volunteer Connect is our online volunteering platform, accessed via our website: www.cabeds.org.uk. As an organisation, it only takes a few minutes for you to register your organisation and once registered, you can add and manage your volunteering opportunities.

Once you have registered and added your roles, we will help to promote them via a number of channels including;

- Local press
- Face-to-face meetings with potential volunteers
- Community events
- Recruitment fairs
- Partnership working
- Social Media channels
- Nextdoor App

Individuals can also register on Volunteer Connect, create a profile, search and apply for your volunteer opportunities – putting you directly in touch with potential volunteers.

Volunteer Connect also automatically suggests **possible matching volunteers**, based on their skills and interests. You can then invite over **400 potential volunteers** to apply for your roles!

If you haven't already registered with our online volunteering platform – [Volunteer Connect](#) – register today and expand your volunteer recruitment in Bedfordshire!

[Find out more here](#)

We would be happy to arrange a meeting at your premises to discuss how we can support your organisation with volunteer recruitment and management.

Contact us on volunteer@cabeds.org.uk or call 01525 850559. We look forward to hearing from you!

Vacancies

Spinal Injuries Association is seeking an experienced **Honorary Treasurer** (ideally a qualified accountant) to join the Board of Trustees. In addition to fulfilling the duties, obligations and responsibilities of a trustee, the Hon Treasurer will oversee the financial matters of the Charity and report to the Trustee board at regular intervals about the financial health of the organisation in line with good practice, and in accordance with the organisation's governing documents and legal requirements. Knowledge of Charities SORP would therefore be advantageous. [Find out more here.](#)

MacIntyre Charity is hiring a **PBS Practice Co-ordinator** Are you an experienced PBS practitioner? Do you want to develop your career working with children who have complex needs? Are you a gifted communicator? [Find out more here.](#)

Mind BLMK – Market Development Coordinator (Permanent – Part-time) Mind BLMK are seeking a Market Development Co-ordinator to support Mind BLMK's Market Development function and to coordinate the delivery of Mind BLMK's mental health and wellbeing courses and training workshops. [Find out more here.](#)

RSPB – Volunteering Operations Team Manager (Sandy, Bedfordshire - Part-time) The RSPB are looking for an experienced leader and people manager with a professional background in volunteering. [Find out more here.](#)

Do you have information about events and training opportunities for the Voluntary and Community Sector in Central Beds?

Send us details of anything particularly relating to volunteering and volunteer management and we can include it in future newsletters.

This email has been sent by Volunteer Centre Central Bedfordshire, part of Community Action Bedfordshire. To unsubscribe, please reply with 'Unsubscribe' in the subject line.

www.cabeds.org.uk | 01525 850559 | volunteer@cabeds.org.uk

