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Aragon
Housing Association



Give & Take Time

What services are on offer?

Members can end up giving and receiving a variety of services. Listening, visiting, babysitting, form filling, teaching music, computer skills, knitting, simple repairs, gardening, general errands, occasional dog walking, delivering leaflets, office help, help with reading.

The range of services is limited only by the abilities, willingness and resources of members and public liability insurance.

How do I join?

Any Northhill parishioner interested in becoming a member can make their interest known in the following way. We aim to contact you within 24 hours



Contact




Telephone:

03333 200 518

(10am – 7pm including weekends)

Email:

giveandtaketime@yahoo.co.uk

-  Help, company or assistance required?
-  Want to learn new skills?
-  Use Time Exchange at no cost

Co-ordinators

Stephanie Bennett

72 Hitchin Road, Upper Caldecote

Patti Brown

29 Caldecote Road, Ickwell

June Cloutman

The Old Barn, The Green, Upper Caldecote

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74 Biggleswade Road, Upper Caldecote

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Turn Spare Time into Shared Time

With Give & Take Time



Time to Spare



Time to Share



Time to Care

What is Give and Take Time?

Give and Take Time is a community group which recruits members with time to spare.

Members list the abilities and experience they can offer to others and those that they may need from others. Everyone's contribution is welcomed and everyone's abilities are valued equally. One hour of work, to a level that could reasonably be expected from a neighbour, is equal to one time credit. Everyone agrees to give and receive help so they can earn and spend their time credits. Exchanging time in this way can reduce isolation and bring together different generations.



When you join the scheme we will open an account for you. Your hours will be recorded on a computer and we will send you a regular statement of the time you have given and received.

There is no cost – unless there are expenses within the service to be given. For example ingredients used in cake making. Because time is the value being exchanged, rather than goods, there are no tax implications.

The service is not volunteering, so there are no restrictions on those receiving benefit unless the benefit is for incapacity in which case the Benefit Agency should be informed.

How can you spend your time credits?

Time credits can be exchanged for services from other members, stored for a lengthier task, given as a gift to family or friends or donated to someone in need. The only requirement is that those receiving credit are, or become, members of the Scheme.

Who can take part?

The Scheme is open to individual people, self - employed professionals, businesses and organizations. Children under the age of 16 years are welcome but must be supervised by a responsible adult. Initially the scheme will run in Upper Caldecote and Ickwell, spreading to the rest of the parish as membership allows.

